

**PERINATAL SUBSTANCE ABUSE PREVENTION (PSAP)
SUBCOMMITTEE MINUTES
March 15, 2007**

SUBCOMMITTEE MEMBERS PRESENT

Terrence McGaw, M.D.
John Hiatt, Ph.D.
Colleen Morris, M.D.
Janie Lowe
T.J. Rosenberg
Candice Kidd
Susan Gonzales, Ph.D

SUBCOMMITTEE MEMBERS ABSENT

Beverly Neyland, M.D.
Maria Canfield, Chief, Substance Abuse Prevention and Treatment Agency (SAPTA)
Maggie Carlton, Senator
Charlene Herst, Bureau of Community Health (BCH)

STATE HEALTH DIVISION STAFF PRESENT

Muriel Kronowitz, Perinatal Substance Abuse Prevention (PSAP) Coordinator, Bureau of Family Health Services (BFHS)
Kyle Devine, Child and Adolescent Health Coordinator, BFHS
Victor Lamas, Administrative Assistant I, BFHS

OTHERS PRESENT

Renata Young, Student
Lorraine Vazquez, Parent, Rural Mental Health Consortium (RMHC)

CALL TO ORDER

Dr. Terrence McGaw called the Perinatal Substance Abuse Prevention (PSAP) Subcommittee meeting to order at **9:40 a.m.** The meeting was videoconferenced at the Bureau of Licensure & Certification (BLC), 1550 E. College Parkway, Suite 158, Carson City, Nevada and BLC, 4220 S. Maryland Parkway, Building D, Suite 810, Las Vegas, Nevada. This was a public meeting, and the public was invited to make comments. In accordance with the Open Meeting Law, this meeting was posted at the following locations: Bureau of Family Health Services (BFHS), Carson City; Nevada State Health Division (NSHD), Carson City; Nevada State Library and Archives, Carson City; Washoe County District Health Department (WCDHD), Reno; Elko County Library, Elko; Southern Nevada Health District (SNHD), Las Vegas, BLC, Carson City; BLC, Las Vegas; and the Health Division Website: www.health.nv.gov

Introductions were made around the table.

APPROVAL OF MINUTES FROM MEETING OF JANUARY 11, 2007

Janie Lowe stated under Establishment of Subcommittee(s) to work on sections of the draft of the 5 Year Fetal Alcohol Spectrum Disorder (FASD) Strategic Plan on the third page the Board of Education should be referred to as the State Board of Education (SBE).

Ms. Lowe stated in the discussion, she recalled offering to facilitate having a special education consultant be present at one of the meetings to discuss special education issues. Dr. Colleen Morris moved to approve the January 11, 2007 minutes with the amendments. Dr. John Hiatt seconded. **MOTION APPROVED**

PSAP SUBCOMMITTEE CO-CHAIR REPORT

Dr. Morris spoke about her attendance at the Centers for Disease Control and Prevention (CDC) National Task Force Meeting in Atlanta. She stated a lot of research momentum included a literature review on identifying FASD best practices for prevention and treatment. The task force hopes to distribute the research results to states in the fall of 2007. The National Institute of Alcohol Abuse and Alcoholism (NIAAA) has funded a collaborative study to identify best practices which will be presented in June. One finding of the review was behavioral counseling is effective in reducing risky drinking with the use of the brief intervention model. The American College of Gynecology (ACOG) tool kit is considered a brief intervention model which is available to providers. The problem is integrating its use into every day medical practice, public health clinics, etc. especially if reimbursement is impossible. Dr. Susan Gonzales suggested, if possible, using the drug and alcohol code for the time being. Dr. McGaw stated the ACOG packets going to providers include ICD9/10 and CPT codes to use and resources and referrals and a brochure on FASD. Dr. McGaw stated a mechanism is needed in identifying provider offices for ACOG presentations including an evaluation sheet. Dr. Morris stated someone will need to be identified to report on a monthly bases about the number of interventions made. She suggested asking the March of Dimes (MOD) to fund a FASD prevention prize with media recognition for northern and southern Nevada. Muriel Kronowitz will be looking into gathering FASD brochures for the members to select one at the next meeting. Additionally, Dr. McGaw had obtained an agreement from Nevada ACOG to donate a \$1,000 dollars to fund lunches for providers. Ms. Kronowitz stated the Nevada State Health Division (NSHD) cannot accept the \$1,000 dollar donation and Nevada Parents Encouraging Parents (PEP) in the south will partner to receive the funds and reimburse whoever pays for the lunches. Dr. McGaw and Ms. Kronowitz have also been working on a letter which will be sent to various providers inviting them to participate. Dr. Morris said an effective national model called Project Choices helps in separating alcohol use from pregnancy by counseling women to reduce risky drinking behavior and choosing effective methods of birth control. She stated in Washington studies have shown follow-up and case management with mothers of children with FASD reduced alcohol exposed pregnancies. In Nevada, case management with a mother of a FASD diagnosed child had often been lost. Ms. Kronowitz stated child protective services do not lose contact with mothers of children with FASD once the child is in their custody. Dr. McGaw stated foster parents are also in need of counseling on how to manage kids with FASD. T.J. Rosenberg stated there are mothers who continue to have FASD children who are later taken away from them. Dr. Morris stated the task force meeting also discussed policy recommendations related to interventions for FASD, getting FASD into the Diagnostic Statistical Manual (DSM) V and working on modifying Medicaid coding to allow for funds for screenings, diagnosis and services. PSAP members suggested the findings also be distributed to the Department of Education (DOE), Department of Special Education (DSE), Office of Juvenile Justice (OJJ), the Judiciary, Social Services, Maternal and Child Health clinics, veteran's administration and mental health and substance abuse treatment programs.

UPDATE ON THE FETAL ALCOHOL SPECTRUM DISORDER DIAGNOSTIC LEGISLATION

Ms. Kronowitz stated the Bill Draft Request (BDR) is now SB411 and asked the subcommittee members to be ready to assist with efforts to support it.

RECOMMENDATIONS WITH RESPECT TO STRATEGIES TO SUPPORT FASD DIAGNOSTIC LEGISLATION

Ms. Kronowitz stated she and Ms. Rosenberg had conversations about how to coordinate efforts to get support for SB411 from parents of children with FASD. Ms. Kronowitz had conversations with the MOD and the Lyon County Coalition (LCC) about the intent of SB411 and both have said they will support its' passage. Dr. Hiatt shared he will be making a presentation before the Family Law section of the Nevada Bar Association about drug testing and will also inform them of the FASD legislation. Lorraine Vasquez stated she will be talking to legislators and would like hand-outs on FASD information to show lack of services in Nevada. Dr. Susan Gonzales stated it would be helpful to have service providers, teachers and child protective service workers testify about the lack of FASD training and specific strategies available to deal with FASD children. Dr. Morris stated the Nevada school system needs to be informed about practices which work with FASD children and they are not a hopeless cause. Ms. Lowe stated she would facilitate the process to invite an individual from the DOE to speak before the subcommittee and answer any questions they may have before PSAP makes a decision on how to approach the SBE. Ms. Vasquez stated a cable TV show would be a simple way of informing the public about FASD issues within the state. A discussion followed about a TV show similar to the Methamphetamine or arranging a show with the Nevada Broadcasters Association (NBA). Ms. Kronowitz will look into having a cable TV program on FASD. Ms. Lowe motioned to have Ms. Kronowitz distribute talking point documents on FASD. Dr. Gonzales seconded. **MOTION APPROVED.** Dr. Morris motioned to invite a special education consultant from the DOE to the next meeting. Dr. Gonzales seconded.

MOTION APPROVED

Dr. Morris suggested also distributing the talking point documents to all of the Nevada PEP chapters in the state.

ESTABLISHMENT OF SUBCOMMITTEE(S) TO WORK ON SECTIONS OF THE DRAFT OF THE 5 YEAR FASD STRATEGIC PLAN

Ms. Kronowitz suggested the 5 year strategic plan be looked at as a business plan, keeping the subcommittee focused on the goals and objectives. Dr. McGaw stated the strategic plan should be considered a dynamic document and every action taken by the subcommittee should have relevance to the strategic plan. Dr. Gonzales and Dr. McGaw proposed listing a section of the strategic plan on the agenda as an action item to address each time they meet. Dr. Morris suggested discussing goal one and activities at this current meeting. Specifically, goal one states, "Reduce and prevent the use of alcohol among women of childbearing age and pregnant women in order to lower the incidence of children born with FASD". Dr. Morris stated the CDC and the NIAAA task force have done a literature review of existing research (one of the activities) and suggested adopting their prevention strategies. At this time no Continuing Medical Education (CME) credits will be available to participant providers. Candice Kidd stated WestCare would be willing to hold an educational luncheon for family service workers, Temporary Assistance for Needy Families (TANF) workers and other WestCare providers. They

could also offer CME's and CEU's. She suggested an incentive or recognition could be established for participating offices. Dr. Hiatt stated teenage girls need to be informed of the risks of alcohol use while pregnant by physicians and educators. Kyle Devine stated each school district has a Sex Education Advisory Committee (SEAC) and they control the curriculum of sex education classes and an easier way to get into schools would be under substance abuse prevention. Ms. Rosenberg motioned to approve the point made with regards to the 5 year strategic plan. Dr. Gonzales seconded. **MOTION APPROVED**

UPDATE BY PSAP COORDINATOR

Ms. Kronowitz stated Dr. Ira Chasnoff's sister, Shelly Young, would like to be involved in the community with regards to FASD and help out with community efforts. Ms. Vasquez stated she is looking for assistance in starting a Yahoo support group for individuals who deal with FASD children and a nonprofit to raise money. Ms. Kronowitz stated she would contact Ms. Young to invite her to one of the subcommittee meetings. Ms. Kronowitz will be emailing, all subcommittee members a draft of the letter which will be sent to all providers.

DISCUSSION OF BY-LAW RELATED TO MEMBERSHIP. SUBCOMMITTEE MEMBERS WILL SUBMIT RECOMMENDATIONS FOR BY-LAW CHANGES AT NEXT SCHEDULED MEETING

Dr. McGaw emphasized having constant participation from members or have them send a proxy. Mr. Devine stated the PSAP subcommittee is under the Maternal and Child Health Advisory Board (MCHAB) and is governed by the bylaws of the MCHAB. Recommendations can be made to the MCHAB and they would change the bylaws. Dr. McGaw requested subcommittee members send recommendations/suggestions for changes to the bylaws to Ms. Kronowitz. They will be an action item on the next meetings agenda.

SUBCOMMITTEE RECOMMENDATIONS TO STAFF

Dr. McGaw stated recommendations to staff have been made in the previous agenda items.

PUBLIC COMMENT AND DISCUSSION

Ms. Vasquez asked if it would be possible to add more members to the subcommittee as she would like to become a member. Mr. Devine stated the only issues with adding more members would be funding and getting the approval of the MCHAB. Ms. Vasquez stated she is looking to combine efforts of the Rural Mental Health Consortium (RMHC) and those of PSAP. The RMHC implementation of the Rap Around pilot program had ended. She would like information on other aspects of FASD for the consortium to work on.

Next Meeting agreed on will take place July 12, 2007

Meeting adjourned at **11:45 am**.